

Tom Fortes Mayer

Tom Fortes Mayer is the founder and Creative director of FreeMind. He has worked for 10 years as a business coach, consultant and international speaker, specialising in leadership training, emotional intelligence, performance psychology, organisational change and both corporate and personal social responsibility. In 2004 he became a member of the government “work life balance” task force that encouraged businesses to become more profitable by adopting more ethical and forward thinking employment practices. This led to him becoming a member of the European social fund (ESF) ‘Adjust The Balance’ development partnership as someone that was responsible for researching, designing, delivering and testing state of the art, innovative organisational change processes and training experiences. During this time he worked with the BBC, the NHS, the Co Op, The Learning and Skills Council, the British Heart Foundation and many more. He also has a private practice in London that specialises in helping top sports people, business leaders and celebrities excel in their respective fields.

His greatest passion is in furthering the understanding and belief that individuals can manage their own success and well-being without the need of a facilitator. He believes that these new ‘self-managed’ psychological solutions are the only thing that will solve our increasing social challenges.

“Having worked with Tom Fortes Mayer on various projects I can confirm without reservation that he is an extraordinary asset on any organisational or behavioural change project. He is an authority on accelerated-change technology and he has an inexhaustible passion for improving the human condition that guides all of his work. He is a very original thinker and his capacity to draw on techniques from diverse cultures enables him to engage all sorts of people from different walks of life. He is a truly inspirational speaker”

Dr. Bal Rana PhD

“I remain committed to ensuring that all of our 2000 leading social entrepreneurs worldwide experience tom’s unique and evolutionary program.”

Lesley Agams, Ashoka Foundation, Africa

“After I came out of the session with Tom I felt like superwoman”

Myleene Klass, Broadcaster

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